UPPERclass

The new Standards in Upper GI Endoscopy

Rome, 13-14 February 2026

Sapienza University – Facoltà di Medicina e Psicologia
Department of Gastroenterology – Sant'Andrea Hospital
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Stefano Partelli *Milan* • Emanuela Pilozzi *Rome* • Edoardo Savarino *Padova*
Marianna Signoretti *Rome* • Cristiano Spada *Rome* • David Tate *Gent BE* • Angelo Zullo *Rome*

SCIENTIFIC RATIONALE

The "Upperclass: The New Standards in Upper GI Endoscopy" congress represents a great opportunity for updating and discussing the main pathologies of the upper GI tract. The main focus will be the quality of upper GI endoscopy, with the main authors of European guidelines of the European Society of Gastrointestinal Endoscopy (ESGE) on the performance measure of upper GI endoscopy and the management of gastric precancerous conditions. Furthermore, there will be sessions regarding eosinophilic esophagitis, gastroduodenal neuroendocrine tumors, and gastric precancerous and cancerous conditions. Endoscopic capsule and double balloon enteroscopy will be discussed in a session on the small bowel. This congress will offer an opportunity for professional updating and for the implementation of clinical practice thanks to the participation of national and European experts.

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PROGRAM

FRIDAY, 13 FEBRUARY

14:00 **REGISTRATIONS**

14:50 Meet and greet with
- the European Society of Gastrointestinal Endoscopy (ESGE)
- the Italian Society of Gastroenterology and Digestive Endoscopy (SIGE)

Official greetings **B. Annibale** **G. Esposito** **C. Hassan** **L. Frulloni**

I SESSION ■ QUALITY IN THE UPPER GI TRACT

Moderators: **M. Dinis-Ribeiro** (Porto) **G. Esposito** (Rome)

15:00 Cleanliness scales, pictures, and timing of gastroscopy **G. Manfredi** (Crema)

15:15 Standardization of upper GI report **M. Ferlitsch** (Wien)

15:30 History of Quality in Upper GI, and future development **M. Areia** (Coimbra)

16:00 **Discussion**

II SESSION ■ A FOCUS ON EOSINOPHILIC ESOPHAGITIS

Moderators: **E. Savarino** (Padua) **B. Annibale** (Rome)

17:00 A complex clinical scenario **E. Savarino** (Padua)

17:15 Challenging in endoscopic management **E. Dilaghi** (Rome)

17:30 The role of the pathologist **E. Pilozzi** (Rome)

17:45 Therapeutic management: PPI, Budesonide, Biologics **A. J. Lucendo** (Tomelloso)

18:00 **Discussion**

19:00 **Ending**

• ENGLISH Official Language •

SATURDAY, 14 FEBRUARY

III SESSION ■ MAPS III

Moderators: **C. Hassan** (Milan) **G. Esposito** (Rome)

09:00 Virtual chromoendoscopy for the diagnosis of intestinal metaplasia **M. Areia** (Coimbra)
09:15 Artificial intelligence in gastric precancerous conditions **C. Hassan** (Milan)
09:30 The evolution of MAPS guidelines and what to expect from MAPS IV **M. Dinis-Ribeiro** (Porto)
10:00 **Discussion**

10:30 ***Coffee break***

IV SESSION ■ THE AUTOIMMUNE GASTRITIS

Moderators: **B. Annibale** (Rome) **M. Dinis-Ribeiro** (Porto)

11:00 Dyspepsia and autoimmune gastritis: a forgotten link? **M. Carabotti** (Rome)
11:15 The role of proactive tests for the early diagnosis **A. Di Sabatino** (Pavia)
11:30 Hp or not Hp-related condition: does it really matter? **E. Lahner** (Rome)
11:45 **Discussion**

V SESSION ■ SMALL BOWEL

Moderators: **A. Zullo** (Rome), **G. Esposito** (Rome)

12:00 Evidence-based indication for endoscopic capsule **C. Spada** (Rome)
12:15 Recent advances in double balloon enteroscopy **E. J. Despott** (London)
12:30 Obscure bleeding in the emergency room: EC or DBE? **C. Spada** *vs* **E. Despott**
13:00 **Discussion**

13:30 ***Lunch***

VI SESSION ■ GASTRODUODENAL NEUROENDOCRINE TUMORS

Moderators: **F. Panzuto** (Rome) **E. J. Despott** (London)

15:00 Recent evidence on the management of gastroduodenal NETs **F. Panzuto** (Rome)
15:15 The staging of EUS in gastroduodenal NETs: any role? **M. Signoretti** (Rome)
15:30 Resection techniques in gastric and duodenal NETs **E. J. Despott** (London)
15:45 The role of surgery in gastroduodenal NETs **S. Partelli** (Milan)
16:00 **Discussion**

VII SESSION ■ NON-INVASIVE NEOPLASIA AND EARLY GASTRIC CANCER

Moderators: **E. Despott** (London) **D. Tate** (Gent)

17:00 Diagnosis and management of gastric dysplasia **A. Zullo** (Rome)
17:15 Role of EUS in the assessment of early gastric cancer **F. Di Matteo** (Rome)
17:30 Endoscopic treatment of early gastric cancer **D. Tate** (Gent)
17:45 **Discussion**

18:30 **Ending**

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